Catholic Charities: (715) 832-6644/(877) 832-3483 Financial literacy, bankruptcy and home & buyer education.

Prescription Drug Discount Cards

Discounts on out-of-pocket expenses through Family Wize: www.familywize.org (715) 235-3800 —Discounts on out-of-pocket expenses is a program sponsored by the local government association. www.caremark.com/naco or pick up a card at the Dunn County Administration Office, 800 Wilson Avenue.

SHELTERS & CRISIS

Stepping Stones Shelters: (715) 235-2920 Provides emergency shelter as space is available and services for housing related issues.

Stepping Stones Winter Haven 7:30 p.m.—7:30 a.m. (715) 235-2920

Provides overnight, safe shelter at Stepping Stones Shelter, 1518 Stout Road (white house next to Stepping Stones) for adults age 18 and over. Open from November 15 to March 31.

Rural Housing (888) 400-5974

Provides rent and utility assistance to qualifying households.

The Bridge to Hope: (715) 235-9074/(800) 924-9918 Texting Hotline (715) 505-3640

Offers crisis intervention, emergency shelter & services to victims of domestic and sexual abuse and human trafficking in Dunn and Pepin Co.

Northwest Connections: 24 hour mental health and AODA Crisis Line. **1-888-552-6642**

TeenCARE Positive Alternatives: (715) 235-9552 Offers crisis/intervention services for teens/parents.

American Red Cross: (715) 235-3700/(877) 618-6628 <u>Disaster Services</u> provides for immediate needs of food, shelter & clothing as a result of a disaster. <u>Armed Forces Emergency Services</u> provides emergency communication for military members and their families.

Sojourner House/Catholic Charities:

(715) 832-6644/(877) 832-3483

A shelter for men and women over 18. 618 South Barstow St., Eau Claire.

UTILITY & FINANCIAL ASSISTANCE

Catholic Charities-St. Lawrence Community Services: (715) 832-6644/(877) 832-3483

Provides housing, utility assistance, foreclosure prevention, home buyer education and case management to income eligible. 488 N Dewey St., Eau Claire, WI 54703

Citizens Energy Oil Heat Assistance:

(877) 563-4645

Dunn County Energy Assistance (715) 232-1116

Veteran's Office: (715) 232-1646 Veteran's federal & state benefits, VA Health Care.

Dunn County Housing Authority: (715) 235-4511 Ext. 204

Provides rent subsidy assistance for low income families, the elderly, and disabled adults. Waiting List.

Menomonie Housing Authority: (715) 235-0656 Provides housing for low income families and the elderly based on 30% of gross income.

West CAP: (715) 265-4271/(800) 606-9227 Provides housing and supportive services for individuals and families experiencing homelessness, food assistance to low-income families and seniors, adult education, and weatherization. Please see westcap.org for more information.

HOME REPAIRS

Stepping Stones - (715) 235-2920

Provides basic home repairs, small modifications and ramps for low-income home owners as volunteers are available. No plumbing.

Dunn County Community Development Block Grant (715) 781-4658

Home Rehabilitation Loans at 0% interest with deferred payments. Waiting list, based on priority.

NON-CRISIS INFORMATION American Red Cross: (715) 235-3700/

merican Red Cross: (715) 235-3700/ (877) 618-6628

<u>Health & Safety Services</u> teaches life saving health and safety skills. <u>Blood Services</u> provides a safe and steady blood supply.

Bread For The World: (715) 235-9377 Influences legislation to change government policies to be more helpful for hungry people. Supports Stepping Stones of Dunn Co.

MAKING THE RIGHT CONNECTION

DUNN COUNTY RESOURCE GUIDE



Provided by the Dunn County Emergency Food and Shelter Collaborative Revision September, 2017

dunncounty.wix.com/resourceguide

For updates contact Dunn County UW-Extension, 715-232-1636. University of Wisconsin, U. S. Department of Agriculture and Wisconsin counties cooperating. UW-Extension provides equal opportunities in employment and programming including Title IX and ADA.

ASSISTANCE

2-1-1: Free, confidential community human services information and referrals. Simply dial 2-1-1 to get help with life.

House Calls: (715) 232-6475 / (800) 615-0334 Provides personal care, financial mgmt., supportive homecare, community support service, guardianship, supervised visits. www.housecallsinc.org

Dunn County Human Services: (715) 232-1116 Mental Health Clinic, Aging & Disability Resource Center, Family & Children's Unit, & Birth to 3 Program

Economic Support (Dunn Co. Human Services) To apply, make appointments or ask questions on BadgerCare, Medicaid, Food Share, & Childcare Assistance programs, call (888) 283-0012

Dunn County Energy Assistance (715) 232-1116

access.wi.gov Wisconsin's internet tool to apply for and check eligibility for low cost or no cost health, nutrition or other programs.

Job Center: (715) 232-7360

401 Technology Drive East, Menomonie Job search, employment and training assistance for youth, adults and dislocated workers. W2 program, FSET & Emergency Assistance (once/year for families that qualify) www.workforceresource.org

Community Connections/Stepping Stones: (715) 235-2920

Provides help with things such as seasonal yardwork, small fix-it repairs, shopping, transportation and companionship as volunteers are available.

Dunn County Health Department: (715) 232-2388 Immunizations, fluoride for children, health screenings, women's cancer prevention program, family planning, environmental health services, lead testing, well permits & water tests. www.co.dunn.wi.us

United Way C3 Center (715) 231-3066 1620 Stout Road, Tues. 3-6pm & Thurs. 11am-2pm Free used furniture, appliances, clothing, and household goods with referral.

DENTAL

Menomonie Dental Center: (715) 233-6800 404 Red Cedar St, Menomonie. Dental care. Accepts MA/BC/MC/Ins.

Marshfield Clinic Dental: (715) 738-2000 (Chippewa Falls) Dental care. Accepts MA/BC/MC/Ins/non-Ins.

FOOD & NUTRITION

Dunn Co. DHS-Aging & Disability Resource Center (715) 232-4006

Home delivered meals, senior meal sites, liquid nutritional supplements.

Senior Commodities Food Box (715) 235-2920

Free monthly government commodities food box for income-eligible people, age 60 and above, distributed at Stepping Stones. Also available through WestCAP in Boyceville: (715) 977-1191

UW-Extension: (715) 232-1636 Provides food and nutrition education, recipes, stretching

food dollars & food preservation.

WIC Program: (715) 232-2498 / (888) 332-5768 Supplemental food program for women, infants, and children. Offers health screening, nutrition education, and breastfeeding support. Provides vouchers for specific foods.

Stepping Stones Food Pantry: (715) 235-2920 1602 Stout Road, Menomonie. Mon., Thurs. & Fri: 11am-2pm, Tues & Wed: 3pm-6pm Sat: 10am—Noon Provides food and personal care items to low-income residents of Dunn County.

WestCAP Food Access/Resource Center (715) 977-1191

823 Main Street, Boyceville. Thurs. 3pm-7pm and Fri. 9am-1pm. Open to residents of Boyceville and Glenwood City School Districts who are at or below 185% of the Federal Poverty Level. Choose Stepping Stones or WestCAP Pantry.

Caring Ministries Food Pantry: (715) 704-9571 Emergency food for residents in Colfax postal code or school district. By appt. only.

Feed My People Food Distribution: (715) 962-4335 1010 High Street, Colfax. 4th Tuesday of the month, 4:30-5:30 pm. No charge. Bring your own bags/boxes.

Elk Mound: Shepherd of the Hill Church Food Pantry Provides food to those in need. (715) 879-5115 Tues. 4pm-6pm & Fri. 10am-Noon or by emergency appt. Ruby's Pantry hosted by Shepherd of the Hill: Registration 7:30—9:00 am. Food Distribution begins at 8:30 am. 2nd Saturday of the month. \$20 donation. Bring your own bags/boxes. www.rubyspantry.org

W2 Program: (855)792-5439
Must have minor children in the home.

Food Share: GetaQuestCard.org (877) 366-3635

Project SAM (Share a Meal) (715) 235-2920 Weekend meal bags for children distributed by Stepping Stones through local schools—Head Start through high school.

Menomonie Farmers' Market: Wilson Park, Wilson Avenue by the bandshell: Local Produce

May - October: Sat. 8am-1pm & Wed. 11:30am-6pm.

Tuesday's Table - Every Tues. 5pm-6pm; St Joseph's Church; 10th St & Wilson Avenue

Thursday's Table - Every Thurs. 5pm-6pm 1st Congregational Church, 420 Wilson Avenue, Menomonie. You are invited to a free home cooked meal

Food Harvest Ministry Food Distribution:

Distribution starts at 10am. Suggested donation \$20 Bring your own bags/boxes. No questions asked. 100% non-profit. (715) 643-2350 Boyceville—Third Saturday of each month at the Community Center.

Knapp—Fifth Saturday of the month in Knapp.

EDUCATION

UW-Extension: (715) 232-1636

Provides Education in Nutrition, college transition, parenting, budgeting, Agriculture & 4-H Youth Development.

Early Head Start/Head Start/All Day 4K: (715) 235-9122 / (800) 352-6283

<u>Early Head Start</u> serves income eligible families from pregnancy to age 3. <u>Head Start</u> serves families with kids ages 3-5 including 4K, pregnant and parenting teens, and home visit program.

Chippewa Valley Tech College—Adult Basic Education, Computer Literacy, ESL, GED (715) 233-5344

MEDICAL

Free Clinic of the Greater Menomonie Area "General Info" (715)233-7655 / (715) 308-3808 Provides services to the uninsured with household incomes of 200% or less of the Federal Poverty Level. Open Tuesdays 5pm-7pm. First come, first serve. www.menomoniefreeclinic.org

Mayo Clinic Health System—Red Cedar Hospital: (715)235-5531 Clinic: (715) 233-7777 Urgent Care, Emergency, Family Birth Center, Behavioral Health

Dunn County Home Health Care (715) 232-1518 Provides part-time skilled nursing care, aide and therapy services as ordered by your physician. May be reimbursed by Medicare, Medical Assistance, VA and

www.co.dunn.wi.us/HomeHealthCare

private insurance.